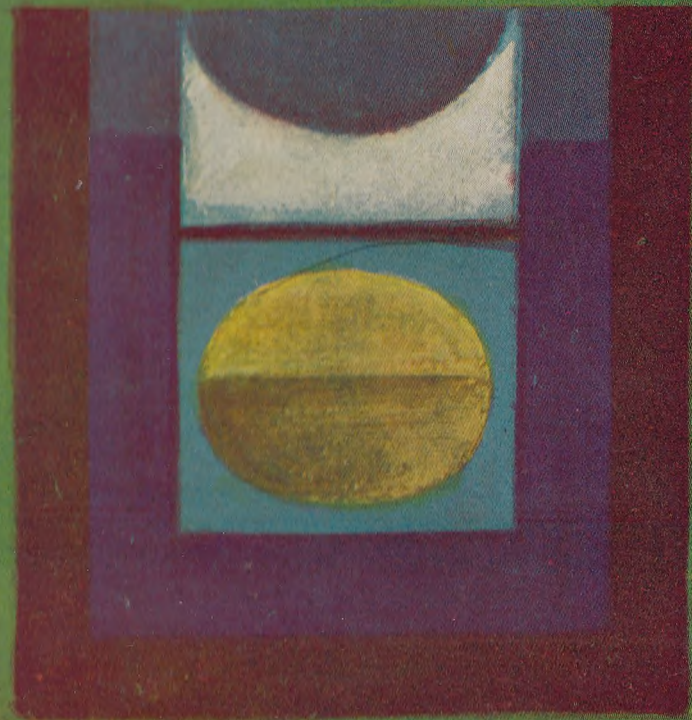


gustaf

• ACHARYA RAJNEESH
**THE GATELESS
GATE**



THE GATELESS GATE

(Collection of Thirty Immortal Letters)

Bhagwan Shree Rajneesh



NEO-SANNYAS
INTERNATIONAL



Paras Rajneesh
Meditation Center

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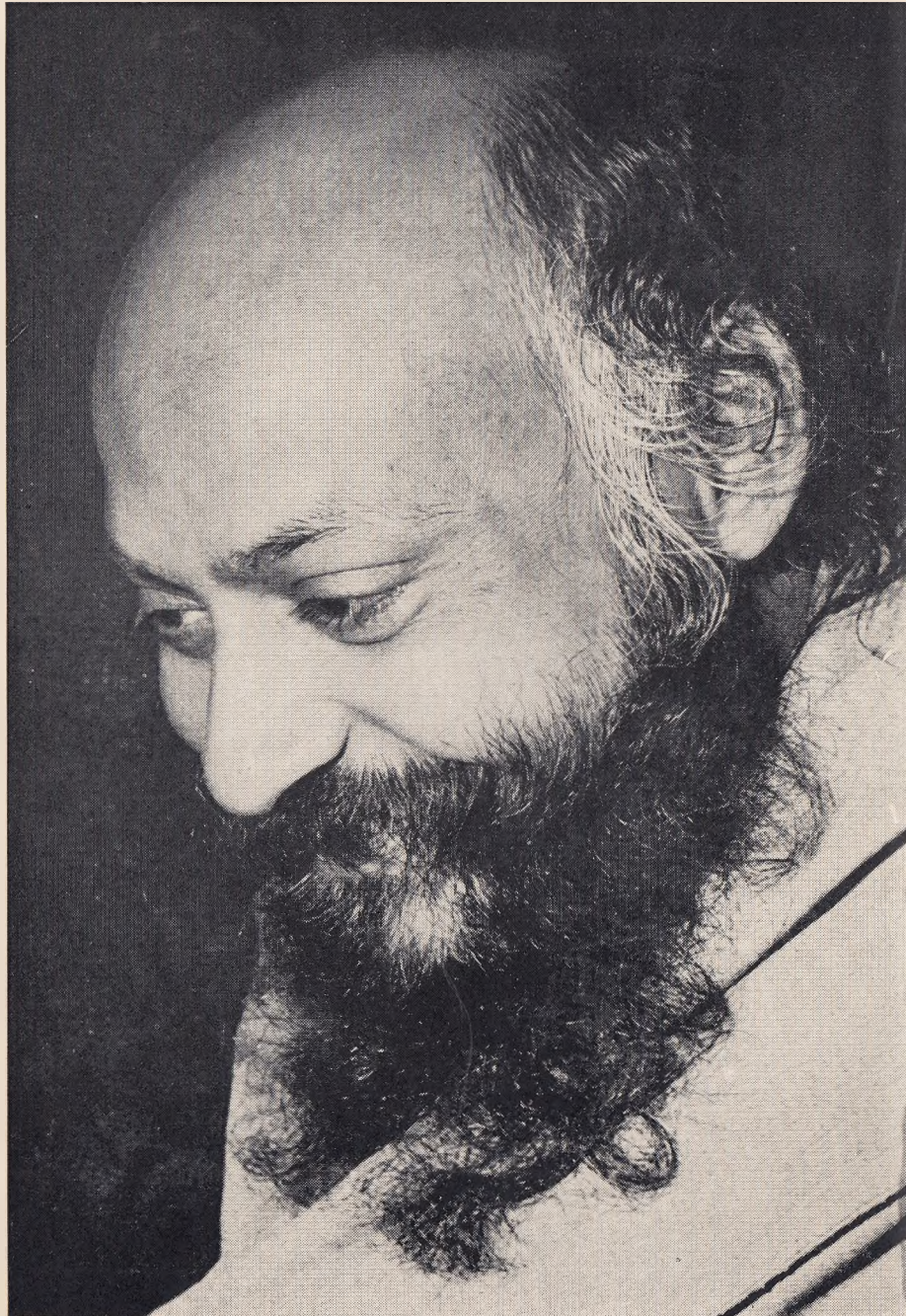
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THE GATELESS GATE

*A collection of 30 immortal letters
written by Bhagwan Shree Rajneesh
to different seekers all over the world.*



BHAGWAN SHREE RAJNEESH : A GLIMPSE

Bhagwan Shree Rajneesh is an Enlightened One, who has become one with Infinity, the Totality. He is NOT—but the Infinity breathes through him. He is not a person but the Divinity personified. Transcendental Truth Shines every moment through him. **His eyes, his fingers, his gestures, his laughter, his smile, brings the message from the beyond and the transcendental.** In fact, he is not living in Cosmic Consciousness, but has become the Cosmic Consciousness. Even further, he lives beyond Cosmos, beyond Being — in No-Being, in No-thingness, in the Great Void—Nirvana.

There lies in him the essence of Lao-tse, Buddha, Krishna and Christ. He says, they are one and the same. A seeker of truth can feel the mystery of his existence and the radiation of the divinity in him. **By his very presence the seeker feels that something mysterious has started changing and awakening within him.**

Born on 11th December 1931, in a small village of Central Province (now Madhya Pradesh) in India, he bloomed into fullness, took his Masters' degree in Philosophy from the Saugar University in 1957. He was an extra-ordinarily brilliant student and stood first in the

University. Later on he served in two colleges as a Professor for nine years. In 1966 he resigned from his service to consecrate his life to the Wish of God—for the spiritual regeneration of humanity and to spread practical spirituality for every man.

He travels throughout the country giving discourses, discussions and conducting Meditation Camps. **He challenges and shatters all the set patterns and values of human culture and knowledge.** He wants to indicate the totality of Life, and brings about the Total Transformation of human beings. The process, the Alchemy for the inner transformation, he says, is MEDITATION and SAMADHI. As a back-ground for this, one must be free from the clutches of scriptures, words, authorities, traditions, knowledges, beliefs and the past memories. He says that when the consciousness is totally non-identified with the contents within and without it, in that Void, Emptiness, an explosion of every thing takes place. One transcends the body, the mind, the thoughts **and there remains the pure Is-ness,** the mysterious divinity, infinite bliss which no words can describe.

He says, the total transformation of every individual being into his total divine potentialities is the Way, the dimension, the solution, for the uncountable problems of modern civilization. That alone can save Man from total destruction.

Due to his lecture tours and meditation camps, some inspired friends and seekers have formed many **'Life Awakening Centres'** throughout India. They publish his lectures, conduct his tours and meditation camps. In

Hindi language they publish a quarterly magazine -- 'JYOTI SHIKHA' (the Divine Flame) and a monthly magazine 'YUKRAND' (bulletin of Rebellious Youth Force). In the near future they are going to publish an English monthly magazine also.

They have a vision to create a **'World Meditation Centre where all the dimensions of human potentialities could be experimented, searched and awakened** in the light of modern Science, human wisdom and practical spirituality.

Thousands of seekers from India and abroad are coming closer and closer to Bhagwan Shree Rajneesh. Many of them are being transformed, changed and awakened. **Unseen forces are attracting seekers from all the corners of the world towards Bhagwan Shree** to usher a world-wide movement for Spiritual Awakening.

In India Bhagwan Shree Rajneesh speaks in the Hindi language. His lectures on various subjects are published in the form of books. Many of the books have been translated into different Indian languages and some of them are in English. The English speaking audience and foreign interviewers, he addresses in English.

Now His Holiness Bhagwan Shree Rajneesh has settled in Bombay having his World Head Quarters of **Life Awakening Movement** here.

He has also initiated and inspired a "Neo-Sannyas Movement" in which seekers from different religions, such as — Hindu, Jain, Mohammedan, Christian, Jew, Buddhist, Sikkha — have been initiated into Sannyas-Life

forming a Family of Religions. Uptill now 419 Sannyasis from India and abroad have been initiated into "Neo-Sannyas."

Under his guidance these experienced Sannyasis are travelling throughout India to conduct meditation experiments, inspiring people about Real Life. These Sannyasis are also conducting Divine Healing Experiments. Within a few months these Neo-Sannyasis will start for a World Tour to spread the message and practical spirituality of His Holiness Bhagwan Shree Rajneesh through Life Awakening Movement.

Let God send thirsty seekers, striving souls, restless youths and the hungry and angry new generation to dive deep into the cool and serene illumination, enlightenment, and divinity of Bhagwan Shree Rajneesh, awakened to save humanity.

— Swami Yoga Chinmaya

A-1, Woodlands,
Peddar Road,
BOMBAY-26. (India)
Phone : 382184.

1/

Just Be Aware And Await

Dear Bhakti,

Love.

I am thrilled with great expectations about you.
Oh! Much is to happen within you and without also.
You are on the verge of the explosion.
So, be alone.

Not lonely, but *Alone*.

And live with that Aloneness.

Rather *BE* that Aloneness.

That is the only meditation to you *Now*.

Lonliness is negative.

To be lonely is to be aware of the absence of others.
But to be alone is the most positive state of the mind.
It is to be aware of the *PRESENCE* of Oneself.

Be aware of the presence that is YOU.

Just be aware.

And *Await*.

Await the happening.

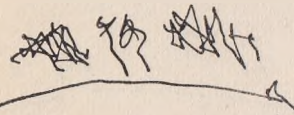
Near—very near is the *Moment*.

And remember that I am always with you

I have been always with you.

Even when you did not know me.

And always feel my blessings.



17-8-1970

(To Ma Yoga Bhakti, C/o. Shree Tanya Smith,
Pantherkill Road, Phoenicia, New York, U.S.A.)

2/

Let Meditation Be Thy Very Existence

Dear Saraswati,

Love.

I hope you will be in deep meditation.

Breathe in it, sleep in it, live in it.

Let meditation be thy very existence.

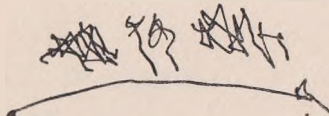
Only then is the *HAPPENING*.

Don't do it, but *BE IT*.

And, my blessings are always with you.

If you need any help from me, *just ask when you are thoughtless.*

And, it will be *GIVEN* to you.



25-10-1970

(To Dr. Miss Colette Guinebert, alias Ma Saraswati, 87, Avenue due Maine XIVE Paris, 75, France).

3/

Let The Meditation Ripen You

Dear Henrotte,

Love.

Come here.

Whenever it is possible.

You will always be welcomed.

And, stay with me for a little longer.

And, *let* me help.

It will be difficult for you, because, you will have to *LET GO* yourself completely.

But it is not impossible.

And, with you especially.

Because, I have seen in you the great potential that is awaiting its opportunity.

With you much impossible is possible.

The seed is there which is longing to explode.

Its very longing is the source of your search.

Its longing is the *Tension* that you are today.

And, its longing will be the *Freedom* that you will be tomorrow.

The essence is there and the existence will follow it, if you so wish,

Please, follow its call to the conclusion.

Go on doing meditation.

Do not seek results.

They will come by themselves, when the time is ripe.

And The Time Is Ripe.

But still you are not.

Let meditation ripen you.



25-10-1970

(To Dr. Jean Georges Henrotte, 65, Rue De Lt, Federation, Paris-15, France).

4/ Say Wholeheartedly : 'Thy Will be Done'

Dear Bhakti,

Love

Your letter.

I know your inner condition more than you know yourself.

Because, *NOW*, *your inner is not my outer*.

Things that are happening to you unconsciously AND even against your conscious will are GOOD.

WELCOME them and be grateful.

Because, nothing divine can happen with *you and your will*.

Rather, *your will is the only barrier in the way*

Say wholeheartedly : "Thy will be done".

And feel it.

And live it.

Come HOME soon.

I am waiting for you.

And much more is waiting to happen to you, also.

I know you are sceptical.

That is not bad.

But a good beginning to begin with.

Wherever, there is mind, there is scepticism.

Mind is scepticism.

And, therefore, conflict.

That is the way of the mind.

And, its *Nature*.

Please do not fight with it.

And neither be identified with it.

These are the obvious alternatives.

But both false.

And aspects of the same coin.

You will have to walk in-between.

Come, and be with me and you will understand.



27-10-1970

P.S. You know better than me,

Whether I am coming to the U.S.A. or not

Because, I will not come, unless you call me there.

This much is Decided now—the remaining

will be decided when you meet me.

(To, Ma Yoga Bhakti, Sivananda Ashram, New York, U.S.A.).

5/

The Call from Beyond Has Come

Dear Ananda Prema,
Love and blessings.

Received your letter. I was waiting for it daily, since you left.

I know that you have gone far away from Here; but I also know that NOW you cannot go away from ME.

And, that nearness is all that counts.

You have come near to me in a non-spatial and non-temporal sense.

The meeting has taken place in the NO-WHERE.
Or, in the EVERY-WHERE.

Because, they both mean the same thing.

And, the real MEETING takes place only in this way.
All else is illusion.

Remember me whenever you need and you will find me then and there.

Ask, anything—and WAIT and you will be answered.

The barriers have fallen down from your mind.

And, you have entered the meditative state.

Now the DOORS of the divine are open.

DO NOT HESITATE AND TAKE THE PLUNGE.

You are completely ready—just only be courageous to enter the uncharted and the unknown.

The CALL from BEYOND has come—now accept the challenge and be FULFILLED.

Now, close your eyes and feel me and see me and let my blessings be showered on you.

Send Bhakti soon and convey my love to her.



27-11-1970

(To Ma Ananda Prema, Sivananda Ashram, 205, East, 77th Street, 10-A, New York, N.Y. 10021, U.S.A.).

6/

Freedom From Becoming

My Beloved One,

Love.

Freedom from becoming means freedom for BEING

Becoming is desiring.

BEING is That—Which—Is.

Becoming is longing for the future.

BEING is to be in the present.

Becoming is mental.

BEING is existential.

That is why—*becoming must cease for the BEING to reveal itself.*

Becoming is just like the smoke around the flame.

Or, just like the outer covering around the seed.

So, please let the smoke go for the flame to explode in its complete glory and splendour.

And, let the seed die to its outer shell so that it may be what it is in its inner most depth.



7-1-1971

(To Shree Dharmendra Tukaram Dhokhe, Clerk, Police Wireless Training Centre, Pashan Road, Poona-8, India)

7/ In This Way, The Ocean Drops into the Drop

Beloved Bhakti,

Love.

*Be in the crowd as if you are alone.
And vice versa.*

Receive a guest with the same attitude you have when alone. And, when alone, maintain the same attitude you have in receiving guests.

In this way, the drop drops in the Ocean.

Upon retiring, sleep as if you have entered your last sleep. And, upon awakening be reborn again.

In this way, the ocean drops into the drop.



15-1-1971

(To, Ma Yoga Bhakti, New York, U.S.A.)

8/ Be Open, And Let Things Happen

Beloved Bhakti,

Love. When you are with me be completely at ease and relaxed; that is, be totally yourself.

*If you feel like crying then cry.
If you feel like weeping then weep.
But just be uninterruptedly aware.*

Do not think about what you are doing — just be the doing and when your senses are shaken like leaves in the wind—*then enter this shaking.*

Because, *only in such situations the being is revealed.*

If a mood against some one or for someone arises do not place it on the person in question but remain *centered* in yourself and you will know a transcendence which is not of this world at all.



16-1-1971

(To, Ma Yoga Bhakti, New York, U.S.A.)

Carefulness for Spiritual Crisis

Dear Atmananda,

Love. Bhakti needs only time to absorb the shock she has come across her deep meditations.

Remember: only TIME and nothing else.

The shock is nothing new.

It happens whenever the deeper layers of the unconscious are encountered.

Before any mutation this is absolutely necessary.

Be grateful to the Divine because this is a good omen.

Bhakti needed it badly; and when she is out of it, she will be a new person totally.

Soon she will be twice-born.

Presently she is passing through a great spiritual crisis—so be with her *but just as if you are not*.

Be present but with absolute absence.

This is the only way you can be helpful to her.

Let her be alone as much as possible.

Do not talk with her except it is needed absolutely.

And, then, too, be telegraphic.

But if she herself wants to talk, let her talk as much as she likes—and you yourself be just a passive listener.

Let her do whatsoever she wants to do or not to do.

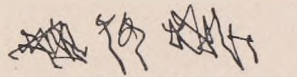
And soon everything will be O.K.

Do not worry at all.

I will be there besides you always—and if you can see you will be able to see me also.

Of course, Bhakti will feel my Presence and will become aware of me these days so many times.

Convey my blessings to Bhakti.



27-1-1971

(To Ma Atmananda (Mrs. Wellington, now Ma Dhyana Siddhi,) 1016, Old Post Road, Mamarneck, New York, 10543, U.S.A.)

Ecstasy and Bliss of Living Moment to Moment

Dear Saraswati,

Love. *I live not by planning and I also feel that that is the only way to be alive at all.*

In fact, I live a wild life—absolutely unplanned—not knowing anything about the future, *not even about the next moment.*

Today is enough for me—really more than enough!

The moment that is present is the only living moment—the *past* is dead in the sense that it is *no more* and the *future* is also dead in the sense that it is *not yet born*.

And, so to be concerned with the past is to be dead and to be concerned with the future is also to be dead.

The only way to be alive is to be here and now—in the moment and totally in it.

Living moment to moment I have found that Ecstasy and bliss which is not of this world at all.

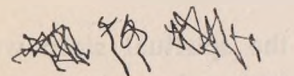
The single moment lived totally transcends time itself.

It becomes the gap between two moments of time.

And, if one can be in this gap then one is beyond death.

Because, *time is death; and timelessness is life.*

Life is not something fixed and finished—*Life is living that is—a process—just riverlike—flowing always into the unknown—from the shores of the known to the shores of the unknown.*



27-1-1971

(To, Docteur C. Guinebert, 87, Avenue Du Maine, XIV Medicis 26-94 Paris, France.)

Spiritual Sleep and Constant Awareness

Dear Ananda Prema,

Love. Do not forget the search for the Divine for *even a single moment.*

Because, the time is always short and the task is great.

And, besides, the mind is wavering.

In fact, the *mind is the wavering.*

Remember this—and remain aware of this fact as much as you can.

Because, the moment one is aware the wavering stops.

And in the intervals are the glimpses—glimpses of oneself—glimpses of no-mind.

One has to transcend the wavering or the mind absolutely before one comes to the doors of the Beloved.

NO-MINDNESS is the Door.

And the door is not far off.

But the seeker is asleep.

MIND is the SLEEP.

That is why you will have to be attentive and alert of everything that passes before your consciousness—*even be attentive of the in-attentive moments.*

Through constant awareness the spiritual sleep will be broken and you will be transformed.

This is your potentiality—this is every one's potentiality.

And, for you *the time is RIPE.*

But the seed can remain a seed and die.

The opportunity can be lost.

You are free to be that which you are meant to be—
or to be that which you are not meant to be.

Man is free to be or not to be.

This is the glory and this is the burden

Freedom means responsibility.

So 'be careful.

If you can be that which is your potentiality—if you can flower to your fullness—then there is bliss—then there is ECSTASY; otherwise ashes are in hands and anguish in the heart.

And, ultimately everything depends on you.

Heaven or Hell—and you and only you will be responsible for it.

So be careful.

My blessings are always with you

28-1-1971

(To, Ma Ananda Prema, Sivananda Ashram, 205, East
77th St. 10-A New York, 10021, U.S.A.)

**Meditation Is Encountering
Yourself In Total Nakedness**

Beloved Bhakti,

Love. Everything has happened, as it should happen.

And I was surprised not because you ran away from here, but because I never thought that you could be so *predictable!*

It is not from here that you have escaped; it is only a vain effort *to escape from yourself.*

Which is impossible.

How can one escape from oneself?

But, in meditation a moment comes necessarily when the mind tries the impossible—for the mind this is the last defensive act.

Meditation is ultimately *suicidal to the mind.*

And, of course, the mind must be given a chance!
And, you have given it!

Meditation is encountering yourself—directly and in your total nakedness.

This creates fear and the futile effort to escape.

The effort is futile because whatsoever is known once—*it is known for ever* and you cannot be the old ignorant again.

There is no way to go back.

And there is no bridge.

This escape too will make you more mature; and you will come back strengthened through it and because of it.

NOW—RELAX there under the sky and besides the sea—and I will be there.

Whenever you are relaxed you will feel my *presence*
And, when you feel like coming—come back.

And soon you will feel.

I will be waiting here for you as ever.

COME and recontinue the arduous journey towards your self.

Convey my love and blessings to Anand Prema.



25-2-1971

(To, Ma Yoga Bhakti, C/o. Mrs. Wellington, 1015, Old Post Road, Mamarneck, New York, 10543, U.S.A.)

13/ Divineness and Beauty of Being No-Body

Dear Krishna Christ.

Love. Oh! Do't take life so seriously!
Because, seriousness is a great dis-ease.
And, not only a disease but a suicide also.
Be playful—totally.
Because, that is the only way to be living.
Life is a play—a leela.
And to know it so is religion.
And to live it so is sannyas— renunciation.

If you can act and live as if acting and living in a dream and still be a witness to it then you will be in the cosmic flow—the TAO.

And to be in the cosmic flow is to be free—free from oneself—the EGO.

The EGO is the seriousness—the disease.

And the TAO—the egoless existence is the bliss—the ecstasy.

That is why I have given you a name—so absurd!

But I have given it to you knowingly.

I have given it to you so that you may never be identified with it.

The name is so absurd that you will have to remain nameless and no-body behind it.

And the name is such that not only others but you yourself will be able to laugh at it.

SWAMI KRISHNA CHRIST!

Oh! what a name?

But perfectly suitable in a *dream-drama*.

Is it not so?

So feel at ease with it—and laugh with it and sing and dance with it and be SWAMI KRISHNA CHRIST with all the letters in capital!

And—always remember that *you are no-body*.

And, *always 'be aware that you are neither a Swami—nor a Krishna—nor a Christ.*

This is what is meant by a Swami!

And, Krishna himself is not a Krishna and Christ himself is not a Christ—because *they are nameless—absolutely nameless.*

They are no-bodies—and that is what makes them divine.

The moment one is identified with any name, one is lost to one's divinity.

Either one can be a name or a reality.

And no one can be both simultaneously.

Be a name really—and your reality is lost.

Be a reality really—and your name is just a dream—maya.

And, what non-sense to be a Swami!

But once one is at ease with the non-sense one transcends it.

Please! Don't try to be sensible otherwise you will never be with any sense at all!

Because only stupidity tries to be sensible!

The existence is absurd.

And, *meaningless.*

And, *irrational.*

And, that is why it is so beautiful.

And, to be in it is such a blessing!



14-4-1971

(To, Swami, Krishna Christ, alias Mr. Walter Pfuetze, 5, Vassar Lake Drive, Poughkeepsie, New York, Zip 12601, U.S.A.)

14/

Dance In Ecstasy to Welcome
the Divine Happening

Beloved Tao,

Love. I know what is happening to you.

The *nothingness* is descending.

The *emptiness* is increasing.

Welcome it—and rejoice in its coming.

Dance in ecstasy—because there is no other way to
welcome it.

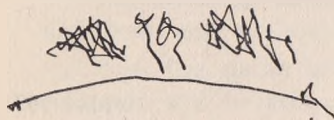
And the more you dance, the more you will die.

And when you are dead completely you will be reborn.

And that moment is near—very near—just by the
corner.

You have passed through the *entrance-explosion* and
now be ready for the ultimate.

Look at yourself once more as the river looks at
itself before falling into the ocean—because after falling
into the ocean there will be no one to look—and no one
to be looked at!



16-4-1971

(To, Ma Yoga Tao, alias Marry Elizabeth Ann Small.
Box-93, Knotts Island, North Carolina, U.S.A.)

15/

Surrender Happens

Beloved Tao,

Love. Don't think about *Surrender* at all—because
that-which-thinks about it is the only barrier.

And, therefore, no one can surrender—It is not a
doing at all.

It happens—you cannot go to it—it comes to you.

And, any effort on your part will hinder its coming.

Be open and effortless—relaxed and passive.

And it will come—it always comes.

I am a witness to it.



16-4-1971

(To, Ma Yoga Tao, North Carolina, U.S.A.)

Beloved Mukta,

Love. To me meditation means: be playful and transcend all seriousness.

See: *life is not serious.*

Look around: '*existence is not serious.*'

Only disease is serious.

And, of course, DEATH.

And the exploiters of death: The Priests!

Life is playful and festive and, therefore, purposeless.

It is not going anywhere—because there is nowhere to go.

It is always *Here and Here.*

It is always *Now and Now.*

It is just *abundant energy overflowing from here to here and from now to now.*

And, once you know it and be it—you are in that ecstasy which is the purpose of purposelessness!

Don't be a MIND and you will know it and be it.

Meditation is no-mindness.

Mind is thinking and thinking is going astray from the BEING.

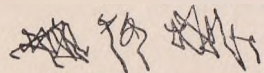
Mind is forgetfulness of that-which-is.

Meditation is coming back HOME.

So, Mukta, come back home.

And, I create situations so that you may remember the forgotten.

And, I will go on creating situations unless you are back.



16-4-1971.

(To, Ma Yoga Mukta, alias Mrs. Catherine Venizelos, Seville Ave, Rye, New York, U.S.A.)

Beloved Bhakti,

Love. Be ordinary—so ordinary that virtually you come to be no-body.

And, there is the opening.

And, there is the explosion.

And, only when you are not—you are the extraordinary!

But do not think about it.

And, do not crave for it.

And, if the craving comes—*be aware and LAUGH.*

It will be stopped in awareness and the created energy will be used by the Laughter.

And, after the laugh you will feel a deep relaxation

And, then begin to dance or sing.

And the negative state of the mind will be transformed into the positive.

The craving to be someone—somebody is absolutely negative; because the ego is the negation of BEING.

The ego is the principle of negation.

And, if the negative is negated then you are positive.

The ego is the source of all inferiority.

But the trick is subtle.

Because the ego promises superiority and only in the end results in inferiority.

Decode this secret and understand it very clearly.

One who thinks in terms of superiority will remain always inferior—because they are two aspects of the same coin.

Oh! Sow the seeds of superiority and you will reap the crop of inferiority.

Begin with the longing of superiority and you will end with nothing but inferiority and all the hell that is involved in it.

Begin with humbleness—with humility and you are nearer to the Divine.

In fact, you are Divine 'but the ego will not allow you any gap to look into your own divinity.

On the contrary, it will go on creating new imaginary heavens only to make way for new hells.

Enter heaven and you are entering hell!

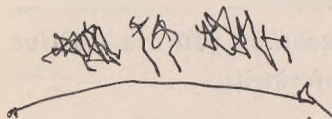
Beware of this and beware of your so-called self—the creator of all the agonies that exist on earth.

And be a NO-SELF and you will be THAT—you are already and have been always THAT which is bliss eternal.

And, freedom.

And the cosmic BEING—The 'Brahm'

"Tatvamasi",—That art Thou, my Love.



16-4-1971

(To, Ma Yoga Bhakti, New York, U.S.A.)

Beloved Kusum,

Love. Moment to moment life passes into death.

Because it is death.

Covered, it appears as life.

Uncovered, it is death.

Remember this fact always.

This is silent meditation.

And, when this remembering penetrates even in your dreams you will have a new door opened unto you.

Through it, in fact, you will be altogether new.

And, ultimately reborn.

Remembering death gives a new dimension to consciousness.

Because to remember death is not natural.

On the contrary nature has arranged so that one should not be aware of it.

Because the moment one transcends death one transcends nature also.

And, one cannot transcend death unless one is totally aware of the fact.

So be totally aware of death.

And it is happening each moment within and without.

It is present everywhere.

And because it is so obvious one becomes absent to it.
Remember and deepen the consciousness.

Because as the awareness of death goes deeper, one becomes capable of feeling that which is deathless.

Really, death is the door—the opening to the deathless.

But be conscious of it.

Be conscious and transcend.

Be conscious and know that which is before birth and after death.

And, you are that.



17-4-1971.

(To, Mrs. Kusum, C/o. Shree Kapil Mohan Chandhok,
Quality Ice Cream Co., 90, Industrial Area-A, LUDHIANA,
Punjab, India.)

19/

Jump into the Unknown

Beloved Bhakti,

Love. The gates of the temple are wide open—and it is only after thousands of years that such opportunity comes to this earth.

And, know well that they will remain open for ever.

And, the opportunity can be lost very easily.

And, you are still wavering.

And, you are still hesitating—to enter or not to enter—to be or not to be.

I know that the challenge is great.

But I know also that your being is completely ready to take the jump.

Hence, my insistent call for you to come and enter.

And, this is not for the first time that I have called you—nor the first life.

I know you, Bhakti, since so many births.

And, soon you will also remember many things.

But not 'before the jump.

And only your superficial persona is resisting—not you.

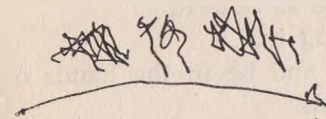
And it is expected to resist always because the moment one takes the plunge into the unknown it has to die naturally.

So, please, do not identify yourself with it.

Be a witness to it.

And you will be in the jump.

Oh! It is time enough to die to the old ego and be reborn to the supreme self.



17-4-1971.

(To, Ma Yoga Bhakti, New York, U.S.A.)

20/ The way to Ecstasy on and Divine Intoxication

Beloved Bhakti,

Love. Begin the following meditation from tomorrow.
And, know that this is an ORDER!

Now, you are so mine that I cannot do anything else
but order!

Pre-requirements :

(1) Do it cheerfully. (2) Do it relaxedly. (3) And, be
playful. (4) Do it in the morning after taking the bath.

Meditation steps :

1. First Step : Breathe deeply and rythmically.
Not fast, but slowly.
For 10 minutes.
2. Second Step : Dance rythmically and slowly.
Be ecstatic.
As if flowing in it.
'For 10 minutes.'
3. Third Step : Use the mahamantra: Hoo—Hoo—
Hoo : for 10 minutes.
Continue dancing and moving.
Do not be serious.
Do not be tense.
4. Fourth Step : Close the eyes and be silent.
Do not move or dance now.
Stand, sit or lie down—as you feel
to do.

But just be as if dead.
Feel sinking in.
Surrender and be in the hands of
the WHOLE.
For 10 minutes.

Post requirements :

1. Live the whole day in ecstasy—in intoxication of the
Divine. Flowing and flowering in it.

And, whenever depressed—say inwardly: Hoo—Hoo—
Hoo and laugh outwardly.

Laugh without any reason.

And, accept the madness.

2. Before sleep : Chant the mahamantra : Hoo—Hoo—
Hoo. For 10 minutes. Then laught at yourself.

3. In the morning as you feel awake chant again the
mahamantra : Hoo—Hoo—Hoo. For 10 minutes.

And, then begin the day with a hearty laugh.

4. And, remember always that I am with you.



18-4-1971

To, Ma Yoga Bhakti, New York, U.S.A.)

21/ Opening of the Locked Doors of the Past Lives

Beloved Mukta.

Love. Yes—you were related to Yoga Vivek in one of your past lives.

Now, many things will be remembered by you soon.

Because, the key is in your hands.

But do not think about them at all.

Otherwise your imagination will get mixed up with the memories and then it will be very difficult to know what is real and what is not.

So be always aware from now that you are not to think about past lives.

Let the memories come up by themselves.

No conscious effort on your part is needed.

On the contrary it will be a great hindrance.


Let the unconscious do the work.

You be just a witness.

And as the meditation will go deeper many locked doors will be opened to you.

But always remember to wait for the mysteries to reveal themselves. The seed is broken—and much is to follow.

You only wait and be a witness.



19-4-1971

(To, Ma Yoga Mukta, New York, U.S.A.)

22/ I Am the Gate — the Emptiness

Beloved Bhakti,

Love. Your letter.

You write me that without me you cannot pass through the gate and with me you will not pass through the gate.

Oh! I know that.

But you need not do either.

You need not pass through the gate with me or not with me.

Because, I AM THE GATE.

Bhakti, I am NO-ONE—so how can you be with me or not with me?

And, ONE who is NO-ONE only can be the gate.

The Gate means the emptiness.

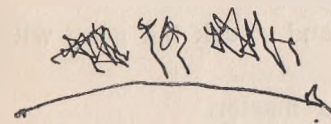
Because, the Gate is nothing but the space to pass through.

Pass through me—not with me—and know.

I appear to be some-one only from without.

But deeper you penetrate me the less you will find me.

And, in the end: NO-ONE.



19-4-71

(To, Ma Yoga Bhakti, New York, U.S.A.)

Dear Krishna Karuna,

Love. Go on discarding—Not this, Not this (Neti—Neti).

And, ultimately when nothing remains to be discarded—then is the explosion.

Do not cling to anything—to any thought.

Go on and on until the NOTHINGNESS.

I have heard about a little boy Toyo and his meditations.

He was only twelve years old.

But he wanted to be given something to ponder—to meditate.

So one evening he went to Mokurai, the Zen master—struck the gong softly to announce his presence and sat before the master in respectful silence.

Finally, the master said: "Toyo, show me the sound of two hands."

Toyo clapped his hands.

"Good," said the master.

"Now show me the sound of one hand clapping."

Toyo was silent. Finally he bowed and left to meditate on the problem.

The next night he returned and struck the gong with one palm.

"That is not right," said the master.

The next night Toyo returned and played Geisha music with one hand.

"That is not right," said the master.

And again and again Toyo returned with some answer but the master also said again and again: "That is not right".

For the nights Toyo tried new sounds.

But each and every answer was rejected.

The question itself was absurd so no answer could be right.

And when on the eleventh night Toyo came and before he spoke anything, the master said: "That is still not right!"

And then he stopped coming to the master.

For a year he thought of every possible sound, and discarded them all—and when there was left nothing to be discarded any more—he exploded into enlightenment.

And when he was no more, he returned to the master.

And, without striking the gong he sat down and bowed.

And, he was not saying anything.

And, there was silence.

Then the master said: "So you have heard the sound without sound!".



19-4-1971

(To Ma Khishna Karuna, Bombay, India.)

Dear Michael,

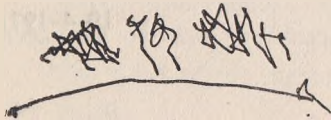
Love. Do not continue circling in the old rut.
 And, the way out is just by the hand.
 The mind is the past—the dead past.
 One has to break it somewhere and jump out of it.
 The mind is the prison—the slavery.
 Be free of it.
 And, the moment is ripe.
 Of course, I know that you are not still clearly aware
 of it.

But you are not unaware also.
Gather courage and jump into the unknown.
 And, only one step is enough.
 Because, the next follows it automatically.
 But do not go on thinking and thinking and thinking.
 Thinking promises to lead you somewhere.
 But the promise remains always a promise.
 Because thinking is just impotent—as far as life is
 concerned.

So, please, be existential.
 Do not hesitate.

And you have nothing to lose—because you have
 nothing!

Realize this and be NOTHING—NO-ONE.



26-4-71

(To, Mr. Michael Graham, London, England.)

Beloved Dhyana Siddhi,

Love. Do you hear me ?

Do you see me ?

I stand at the door and knock.

And, I knock because of a *promise made in another
 life and another age.*



14-5-71

(To: Ma Dhyana Siddhi, (Mrs. Eunice Wellington).
 Larchmont, New York, U.S.A.)

26/ Transcendence of Death Through Acceptance

Beloved Dhyana Siddhi,

Love. Fear cripples consciousness.

And, fear is the source of unconsciousness.

That is why without transcending fear, no one can attain to full consciousness.

But what is fear?

Fear is awareness of death without knowing what death is!

Fear exists in the gap between you and your death.

And if there is no gap — no space, then there is no fear.

Do not think death as something outside you.

Because it is not.

And do not think death as something in the future.

Because it is not.

Death is within you.

Because death is the otherside of life.

Life cannot exist without death.

They both belong to the same energy as positive and negative poles.

So do not identify yourself with life, because you are both.

The identification with life creates the gap.

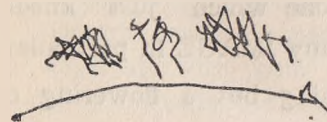
And, death has nothing to do with future — it is always here and now.

Every moment it is.

And, when one ceases to regard it as something outside oneself and, so to speak, draws it into his consciousness and assimilates the idea of it, one is completely changed. He is in all truth, born again.

And, then, there is no fear.

Because then there is no gap.



15-5-1971

(To: Ma Dhyana Siddhi. New York, U.S.A.)

Beloved Dhyana Siddhi,

Love. We kneel down to ourselves.

Because, we kneel down to the gods we make out of our experience or out of our desires and dreams, or out of our so called logic and foolish arguments.

This is neither humility, nor prayer.

Rather, on the contrary this is the most egoistic attitude possible.

The true religious mind is one which just kneels down — not to anyone, not to any IMAGE in particular.

This kneeling down is nothing but a flowering of one's own total nothingness.

Then this kneeling down becomes an inner way of life.

And, unless prayer is such — prayer is not.

One cannot pray — one can only be prayerful.

15-5-1971

(To: Ma Dhyana Siddhi, New York, U.S.A.)

Beloved dhyana siddhi,

Love. Use dreaming consciously as meditation.

And, know well that *conscious dreaming opens new doors of perception.*

Lie down, relax and dream.

But do not fall asleep.

Remain conscious in the background.

Wait and watch.

Dream anything that happens to your mind.

Do not plan beforehand.

Dream anything because in dream the whole world is yours.

Dream your existence as you please.

Dream and be content.

Content with your dreams — because they are yours, and remember that nothing can be yours like your dreams — because you yourself are a dream-entity!

And also because your wishes come to be true in your dreams — and only in your dreams!

But do not fall into identification.

Be a witness.

Remain aware.

And, then, suddenly there will be no dreaming.

And, only you.

And, illumination.

16-5-1971

(To: Ma Dhyana Siddhi, New York, U.S.A.)

Authentic Being—Through Meditation

Beloved Dhyana Siddhi,

Love. It is tragic but true that few people ever possess their souls.

They possess everything except themselves.

And, then, naturally they just become a thing among their other things.

And the possessor becomes the possessed.

"Nothing is more rare in any man," says Emerson, "than an act of his own".

But this is just what can be expected.

Because, no one is one's own.

No one is oneself.

Most people are other people.

They are not living — but only acting roles given to them by others.

Their thoughts are some one else's opinions.

And, their faces are just masks.

They are faceless.

They have no authentic being at all.

There lives: a mimicry.

And, their passions: a quotation.

Break this vicious circle otherwise you will never BE.

Break this through meditation.

And, it cannot be broken by anything else.

Because through mind it cannot be broken.

And, except meditation all else is mind.

Mind is the prison.

Meditation: The Door.

And, the only door.



19-4-1971

(To: Ma Dhyana Siddhi, New York, U.S.A.)

The Gateless Gate

My beloved,

Love. That which is never lost cannot be found.

And to search for it is *absurd*.

But, the moment this absurdity is understood, all seeking stops by itself.

And that which is never lost is found!

That is why I say: *seek and you will not find*.

Because, *the very seeking is the barrier*.

The search itself is the hindrance.

Because it creates the seeker, the Ego, the illusion that I am.

And, I am not.

Do not seek and you will find it—*the I-am-not-ness*.

This nothingness is the gate.

The gateless Gate.

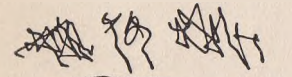
Riko, once, asked Nausen to explain to him the old problem of the goose in the bottle.

"If a man puts a gosling into the bottle", he said, "and feeds the gosling through the bottleneck until it grows and grows and becomes a goose, and then there just is no more room inside the bottle, *how can the man get it out without killing the goose, or breaking the bottle?*"

"RICO!" shouted Nausen, and gave a great clap with his hands.

"Yes, Master", said Rico with a start.

"SEE!", said Nausen "the goose is out!"



25-4-1971

(To, Shree Inderraj Anand, 10/E, Ben Niwas, Warden Road, Bombay-26)

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